

# Breakfast

Served until 11:00 AM Daily

## COUNTRY BREAKFAST

Two eggs any style, bacon, ham, or sausage, your choice of blueberry pancakes or toast with our own preserves and sauteed potatoes, coffee/tea...*8.49* ☒ upon request

## EGG CROISSANT

Freshly baked croissant filled with lightly scrambled eggs and cheddar cheese served with sauteed potatoes...*6.99*

## PRESERVE COMPANY GRANOLA

A healthy blend of oats, coconut, pecans, almonds, dried cranberries and raisins, lightly toasted with Island Honey served with 2% milk...*4.50*

## FRENCH TOAST

Slices of baguette dipped in our batter of cinnamon, cream and eggs grilled and served with maple syrup, sauteed potatoes and a compote of seasonal fresh fruit...*6.99*

## CONTINENTAL BREAKFAST

Cup of Fruit Salad and juice plus your choice of bagel, croissant or toast, (white or whole wheat) with our own preserves, coffee/tea...*6.99* ☒ upon request

## BREAKFAST FRITTATA

Sweet peppers, onions, ham and mushrooms, baked with eggs and cream, topped with three cheeses and served with toast and sauteed potatoes...*8.99* ☒ upon request

## Breakfast Side Orders

Homemade pan fries...*2.25*

Bacon (3 strips) or Sausage (2) or Ham (slice)...*2.50*

Toast served with our own preserves...*1.99*

Tea Biscuit served with our own preserves...*1.50*

Blueberry pancakes served with real maple syrup...*4.50*

Bagel and cream cheese served with our preserves...*2.25*

Two eggs any style...*2.50* Muffin...*1.50*

\*scrambled eggs are topped with cheddar cheese & chives.

Fruit Cup...*5.99*

# Soups, Chowders & Salads

Available 11:00 AM

## SEAFOOD CHOWDER

Our Chowder is made in the rich Maritime tradition using local seafood, potatoes, onions and cream. Served with a homemade biscuit and butter...*9.99*

## SOUP OF THE DAY

Homemade soups inspired by fresh vegetables and lots of love. Ask your server for today's selection...*3.99*

## FRENCH ONION SOUP

Served in a traditional way; crouton topped with melted Mozzarella cheese, a favourite guaranteed to warm the heart...*4.99*

## GARDEN SALAD

Fresh Island greens and vegetables served with your choice of dressing...*6.99* ☒ ✓

## CLASSIC CAESAR SALAD

Traditional Caesar salad with croutons, bacon bits, Parmesan cheese, lemon, and our own garlic dressing...*6.99*; with chicken breast...*8.99*

☒ upon request

## FRUIT SALAD

Hearty chunks of fruit topped with local seasonal berries...*8.99* ☒ ✓

## CHEF'S SALAD

Fresh Romaine lettuce, green and red peppers, cucumbers, red onion, diced ham, chicken, hard-boiled egg, tomatoes and cheddar cheese with your choice of dressing...*9.95* ☒

## GREEK SALAD

Tomato, Kalamata olives, red onion, cucumber and fresh Romaine lettuce topped with Feta cheese, served with Extra Virgin Olive Oil and fresh lemon...*8.99*

☒ ✓

**DRESSINGS:** Sun Dried Tomato, Raspberry Vinaigrette, Ranch Style, and Sour Cream and Herb Dressing.

# Sandwiches & Wraps

Available 11:00 AM - 5:00 PM

SANDWICHES ARE SERVED WITH OUR SIGNATURE POTATO SALAD AND YOUR CHOICE OF WHITE OR WHOLE WHEAT BREAD, CROISSANT, FOCACCIA BREAD OR TORTILLA WRAP. WRAPS ARE SERVED WITH TORTILLA CHIPS AND OUR PRESERVE COMPANY PEACH AND CHERRY SALSA. RICE BREAD IS AVAILABLE FOR THOSE WHO FOLLOW A GLUTEN-FREE DIET.

## HAM & ISLAND GOUDA

A generous portion of shaved deli ham, topped Island Gouda Cheese and complimented with creamy dijonaisse...*7.50*

## CHICKEN CLUB WRAP

Tender slices of chicken pieces, crisp bacon, vine ripened tomatoe, fresh greens and finished with our own cranberry mayo...*7.99*

## VEGETABLE WRAP

Sweet peppers, English cucumber, red onion, vine ripened tomatoes, fresh greens served with sundried tomato dressing...*6.99* ✓

## BACON, LETTUCE & TOMATO SANDWICH

Our version of this classic engages local greens, vine ripened tomatoes, and crisp bacon with Island made butter or mayonnaise...*5.95*

## LOBSTER SANDWICH

We dress the sandwich using the tastiest of lobster and Hellmann's mayonnaise on a buttery croissant...*12.99*

## CHICKEN SANDWICH

Tender slices of roasted chicken topped with your choice of dill or cranberry mayonnaise dressing...*7.50*

# Appetizers

Available 11:00 AM

## ISLAND MUSSELS

1 Lb. fresh Island Blue Mussels served with a slice of fresh baguette: Garlic and White Wine...*8.99* ☒ upon request

## GARLIC CHEESE FOCACCIA BREAD

Fresh Focaccia bread brushed with garlic butter and crusted with Mozzarella cheese...*3.99*; ✓ Large serving...*7.99*; Add Bacon...*2.00*

## FOCACCIA BRUSCHETTA

Served on toasted garlic Focaccia bread with tomato, basil pesto, olive oil and Parmesan cheese...*3.99*; Large serving...*7.99* ✓

## QUESADILLA

A tortilla with a savory mixture of tomato & basil sauce, bacon bits, green and red peppers, green onion, chicken, sausage and cheddar cheese...*8.99*

## PRESERVE COMPANY STYLE NACHOS

Peppers, green onions, olives, tomatoes and jalapenos topped with cheddar cheese. Served with our Preserve Company Sour Cherry and Peach Salsa...*8.99* ✓ ☒

## AFTERNOON TEA

A lovely pot of tea or cup of coffee served with a scone, fresh butter, a selection of our preserves and Island Cheeses...*7.95*; Extra Scone...*2.00*

# Lunch Entrees

Available 11:00 AM to closing

## SEAFOOD BUBBLY BAKE

A Maritime favourite! Shrimp, scallops, salmon, and white fish baked in garlic butter topped with bread crumbs and parmesan cheese, browned to tasty perfection.

Served with your choice of Caesar or Garden Salad...*17.99* ☒ upon request

## MARITIME FISH CAKES

A combination of fresh Prince Edward Island potatoes, salt cod fish, onions, and chives pan-fried to perfection and topped with green tomato chow

Served with your choice of Garden or Caesar Salad...*11.99* ☒ ✓

## PRESERVE COMPANY POTATO PIE

Layers of fresh Prince Edward Island potatoes, Island cheddar cheese and chives baked in a bacon crust, complimented with Maple Bacon Cream. Served

with your choice of Garden or Caesar Salad...*11.99* ☒

## SAUTEED CORN CAKES

Roasted vegetables and corn cakes served with a tomato and basil cream- a beautiful plate for those who desire a unique and tasty vegetable dish...*12.99* ✓ ☒

## PEI LOBSTER QUICHE

Made with locally caught lobster, farm fresh eggs, cream and three cheese blend.

Served with your choice of Garden or Caesar salad...*13.99*

## CHICKEN AND BROCCOLI CREPE

Garden broccoli and tender slices of chicken in a chicken velouté, gratinée with

Parmesan cheese served with a Garden or Caesar salad...*11.99*

## ISLANDER MEAT PIE

An Island classic, tender pieces of chicken and pork lightly seasoned in a double crusted pie served with your choice of Garden or Caesar salad...*11.99*

## LOBSTER POT PIE

Lots of lobster cuddled together in a white wine fresh cream sauce; topped with Panko Bread Crumbs served with your choice of Garden or Caesar salad...*14.99*



# Evening Entrees

Available 5:00 PM to closing



## CURRY CHICKEN AND VEGETABLES

Tender chicken pieces cooked in a mild curry sauce with a medley of vegetables served on a bed of basmati rice...14.99


## ROAST CHICKEN

Oven roasted chicken, your choice of white or dark meat, served with a traditional stuffing, roasted potatoes or basmati rice and a medley of seasonal vegetables...14.99

## PAN SEARED SCALLOPS "PROVENCALE STYLE"

Married in flavour with fresh diced tomato, garlic, and herbs served with your choice of roasted potatoes or basmati rice and a medley of seasonal vegetables...17.99  

## PAN SEARED HADDOCK WITH LOBSTER VELOUTÉ

Fresh haddock smothered in hugs with our delicious lobster velouté sauce served with your choice of roasted potatoes or basmati rice with a medley of seasonal vegetables...16.99  upon request


## BBQ STYLE RIBS

The 1/2 rack of ribs are marinated to a fall off the bone tender state in a flavourful homemade sauce enhanced by our own Smoked Hickory & Maple BBQ sauce. Served with roasted potatoes or basmati rice and a medley of seasonal vegetables...15.99

## LOBSTER POT PIE

Lots of lobster cuddled together in a white wine fresh cream sauce; topped with Panko Bread Crumbs served with your choice of Garden or Caesar salad...14.99

## SEAFOOD BUBBLY BAKE

A Maritime favourite! Shrimp, scallops, salmon, and white fish baked in garlic butter topped with bread crumbs and parmesan cheese, browned to tasty perfection. Served with your choice of Caesar or Garden Salad...17.99  upon request

## If you love good food...you'll love us!

The building in which you are dining today was a 'creamery' or a butter factory since 1913. Bruce and Shirley MacNaughton purchased the building in 1987 and renovated to what you see.

Since the beginning and to this day we strive to use the freshest ingredients in the preparation of our menu and specialty foods. In keeping with the old butter tradition we only cook with 'butter'.

Our company motto is "Everything in Good Taste"; we welcome you and hope you enjoy your time with us.

New Glasgow, Prince Edward Island  
"voted one of Canada's prettiest villages"  
Off Route 13, at the junction of Routes 224 & 258

964-4300

www.preservecompany.com

# Tea List

## WHITE TEA

**Earl Grey**  
Ceylon black tea, oil of bergamot.

**White Monkey Pekoe**  
A mixture of young leaves and unopened buds.

## OOLONG TEA

**China Milky Oolong**  
Oolong tea flavouring contains milk products.

## BLACK TEA

**Cavendish Sunset**  
Ceylon black tea, orange blossoms, grenadine.

**Raspberry/Lemon**  
Ceylon black tea, essence of raspberry, lemon peel & raspberry leaves.

**Dalvay Breeze**  
Ceylon black tea, peppermint leaves.

**Granny's Apple**  
Ceylon black tea, essence of apple, apple blossoms.

**Victoria Garden**  
Ceylon black tea, Chinese gunpowder tea, lavender, vanilla, rose petals.

**Tea Hill Strawberry**  
Ceylon black tea, essence of strawberry, strawberry leaves.

**Prince Edward Island Breakfast**  
Organic Black Assam, Organic Black Ceylon, Organic Keemun

**English Breakfast**  
Blend of quality black teas.

**Apricot with Flowers**  
Fragrance of apricots, essence of marigold.

**Mango**  
Flavour of fruity mangos, essence of marigold.

**Ceylon**  
Blend of quality black teas.

**Darjeeling Ringtong**  
Fine quality black tea.

**Irish Breakfast**  
Blend of quality black teas.

**Blackcurrant/Rum**  
Ceylon black tea, essence of black currant & rum blackcurrant leaves.

**China Rose**  
Congou black tea, red rose petals, fragrance of rose petals.

**Organic Wild Blueberry**  
Black tea, hibiscus, currants, raisins, elderberry pieces, natural flavors.

## GREEN TEA

**Green Sencha w/ Peach**  
Sencha styled green leaves, flavoured with the sweet essence of peach.

**Green Sencha w/ Citrus**  
Sencha styled green leaves, flavoured with citrus fruits.

**Japanse Greenberry**  
Japanese green sencha tea flavoured with the sweet essence of strawberries and raspberries. Decorated with dehydrated pieces of the same berries.

**Island Strawberry**  
Luxury Organic green tea, Organic freeze dried strawberry, Organic natural dried papaya, Organic natural flavors.

**Kyoto Cherry**  
Green tea, rose petals, natural flavors.

**End of Day**  
Organic peppermint, organic Egyptian chamomile.

**Love of Life**  
Fennel, anise, peppermint chamomile.

**Mango/Lemon**  
Blend of hibiscus, rosehip, apple & orange pieces, essence of lemon & mango.

**Strawberry/ Kiwi**  
Blend of hibiscus, rosehip, apple and orange pieces, essence of strawberry & kiwi.

**Tropical Fruit Blend**  
Blend of hibiscus, rosehip, apple & orange pieces, essence of passion fruit, mango, papaya & jackfruit.

**China Jasmine w/ Flowers**  
China green tea layered with fresh Jasmine flowers.

**Chun Mee Green**  
A China green tea which infuses to produce a sweet, mildly herbaceous cup.

**Japanse Greenberry**  
Japanese green sencha tea flavoured with the sweet essence of strawberries and raspberries. Decorated with dehydrated pieces of the same berries.

**Island Strawberry**  
Luxury Organic green tea, Organic freeze dried strawberry, Organic natural dried papaya, Organic natural flavors.

**Kyoto Cherry**  
Green tea, rose petals, natural flavors.

**Green Sencha w/ Citrus**  
Sencha styled green leaves, flavoured with citrus fruits.

## HERBAL TEA

**Tropical Fruit Blend**  
Blend of hibiscus, rosehip, apple & orange pieces, essence of passion fruit, mango, papaya & jackfruit.

**Strawberry/ Kiwi**  
Blend of hibiscus, rosehip, apple and orange pieces, essence of strawberry & kiwi.

**Evening Calm**  
Balm-mint, peppermint, chamomile flowers, blackberry leaves, strawberry leaves, black currant leaves, lavender flowers, orange flowers, rose flowers, lemongrass, heather flowers.

**Summer Garden**  
Hibiscus flowers, lemon grass, liquorice cut, mallow flowers.

**Summer Meadow**  
Lapacho, apple pieces, verbena, orange petals, blackberry leaves, rose petals, lime fruit granules.

**Rooibos Sunset Orange**  
Rooibos super grade, yellow sunflower petals, sweet orange flavor.

**Rooibos Supergrade**  
Pure top grade rooibos

**Rooibos Red Chai**  
Rooibos super grade, orange peels, orange flavor, ginger pieces, ginger flavor, vanilla flavor.

**Organic Peppermint**  
Pure mint.

**End of Day**  
Organic peppermint, organic Egyptian chamomile.

**Love of Life**  
Fennel, anise, peppermint chamomile.

**Mango/Lemon**  
Blend of hibiscus, rosehip, apple & orange pieces, essence of lemon & mango.

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China green tea layered with fresh Jasmine flowers.

**Earl Grey**  
Ceylon black tea, oil of bergamot.

**White Monkey Pekoe**  
A mixture of young leaves and unopened buds.

**Apricot with Flowers**  
Fragrance of apricots, essence of marigold.

**Mango**  
Flavour of fruity mangos, essence of marigold.

**Ceylon**  
Blend of quality black teas.

**Darjeeling Ringtong**  
Fine quality black tea.

**Irish Breakfast**  
Blend of quality black teas.

**Blackcurrant/Rum**  
Ceylon black tea, essence of black currant & rum blackcurrant leaves.

**China Rose**  
Congou black tea, red rose petals, fragrance of rose petals.

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Black tea, hibiscus, currants, raisins, elderberry pieces, natural flavors.

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